

Watermelon, Feta, and Mint Salad

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/east-side-mario-s-tuscan-chicken-salad-recipe>

Ingredients:

- 4 cups arugula
- 3 cups watermelon cubed
- 1/4 cup mint leaves
- 1/4 cup feta cheese
- 2 cups chicken cooked shredded
- balsamic vinegar
- 1 tablespoon extra-virgin olive oil

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 120 milligrams
4. Fat: 33 grams
5. Fiber: 2 grams
6. Protein: 32 grams
7. SaturatedFat: 10 grams
8. Sodium: 290 milligrams
9. Sugar: 21 grams

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