

Orecchiette with Sausage and Broccoli

Yield: 5 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/orechiete-recipe-with-brocoli-and-italian-sausage>

Ingredients:

- 1 pound orecchiette
- 5 tablespoons extra-virgin olive oil divided
- 1 pound sweet Italian sausage removed from casings
- 3 garlic cloves minced
- 1 cup chicken broth
- 1 pound broccoli florets
- 1/2 teaspoon salt
- 1/4 teaspoon red pepper flakes
- 3 tablespoons unsalted butter
- 1/2 cup pecorino romano freshly grated

Nutrition:

1. Calories: 780 calories
2. Carbohydrate: 78 grams
3. Cholesterol: 70 milligrams
4. Fat: 36 grams
5. Fiber: 6 grams
6. Protein: 37 grams
7. SaturatedFat: 13 grams
8. Sodium: 1080 milligrams
9. Sugar: 5 grams

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