

# Instant Pot Rice & Beans (Only 5 Ingredients!)

Yield: 5 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/only-water-for-christmas-tree-recipe>

## Ingredients:

- 1 1/4 cups red kidney beans
- 1 1/2 cups brown rice
- 1 cup salsa
- 1/2 bunch cilantro stems and leaves divided
- 3 cups vegetable broth
- 2 cups water

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 51 grams
3. Fat: 2.5 grams
4. Fiber: 3 grams
5. Protein: 9 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 880 milligrams
8. Sugar: 3 grams

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