

# The Best Restaurant Style Onion Rings

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/onion-rings-recipe-indian-style>

## Ingredients:

- aioli
- 1 cup cashews
- 1/2 lemon juiced
- 2 garlic cloves
- 1/4 cup water + 2 tablespoons as needed
- 1/2 teaspoon chipotle chili
- 1/4 teaspoon sea salt
- onion rings
- 1 onion
- 1 cup almond milk unsweetened original
- 1 cup cashew flour
- 2 tablespoons arrowroot flour
- 1 teaspoon dry mustard
- 1 teaspoon paprika

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 28 grams
3. Fat: 27 grams
4. Fiber: 3 grams
5. Protein: 12 grams
6. SaturatedFat: 5 grams
7. Sodium: 210 milligrams
8. Sugar: 6 grams

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