

Lemon Poppy Seed Vinaigrette

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/onion-poppy-seed-ring-recipes>

Ingredients:

- 3 lemons large, use as needed—you'll need 1/3 c. juice and 1 tsp. zest
- 1/4 cup rice wine vinegar
- 1/4 cup canola oil
- 3/4 teaspoon kosher salt
- 1/4 teaspoon ground black pepper freshly
- 1/4 cup sugar
- 2 teaspoons poppy seeds
- 1 teaspoon onion grated
- 1 clove garlic finely pressed

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 22 grams
3. Fat: 14 grams
4. Fiber: 4 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 450 milligrams
8. Sugar: 13 grams

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