

Chicken Cordon Bleu Casserole

Yield: 7 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-cheese-potato-casserole-recipe>

Ingredients:

- 4 slices white sandwich bread torn into quarters, I used a long forgotten bread bowl tucked in the back of the freezer – thawed it in...
- 2 tablespoons butter melted
- 3 pounds russet potatoes about 4-5 medium, peeled and sliced 1/8-inch thick
- 1 teaspoon salt
- 4 tablespoons butter
- 1 onion medium, chopped
- 1 teaspoon dried thyme
- 3 garlic cloves medium, finely minced
- 6 tablespoons all-purpose flour
- 2 cups low sodium chicken broth
- 3/4 cup heavy cream or milk
- 6 ounces swiss cheese shredded, about 2 cups
- 2 tablespoons Dijon mustard
- 1/4 teaspoon cayenne pepper
- 2 pounds boneless skinless chicken breasts trimmed of excess fat and sliced thinly
- 9 ounces deli ham chopped
- 2 tablespoons fresh parsley leaves minced

Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 195 milligrams
4. Fat: 37 grams
5. Fiber: 3 grams
6. Protein: 49 grams
7. SaturatedFat: 20 grams
8. Sodium: 1220 milligrams
9. Sugar: 4 grams

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