

One-pot Swedish Meatball Pasta

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/one-pot-swedish-meatball-recipe>

Ingredients:

- 1 pound ground beef 455 g
- 1/2 cup seasoned bread crumbs 55 g
- 1/2 onion finely minced
- 1 egg
- 1/2 tablespoon salt for meatballs
- 1/2 tablespoon pepper for meatballs
- 2 tablespoons canola oil
- 2 cups beef broth 480 mL
- 2 cups milk 480 mL
- 1/2 tablespoon salt for sauce
- 1/2 tablespoon pepper for sauce
- 1 tablespoon Worcestershire sauce
- 4 cups egg noodle 400 g
- 1 cup shredded Parmesan cheese 110 g
- 1/2 cup fresh parsley chopped, 15 g

Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 190 milligrams
4. Fat: 35 grams
5. Fiber: 2 grams
6. Protein: 45 grams
7. SaturatedFat: 13 grams
8. Sodium: 2830 milligrams
9. Sugar: 10 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy One-pot Swedish Meatball Pasta above. You can see more 16 one pot swedish meatball recipe Get ready to indulge! to get more great cooking ideas.