

Olive Garden Dressing Sheet Pan Chicken Dinner

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/olive-garden-italian-scallion-recipe>

Ingredients:

- 1 cup olive Garden, or equivalent Italian dressing
- 1 1/2 pounds boneless skinless chicken breast trimmed and cut into bite-sized pieces
- 16 ounces fresh green beans trimmed
- 8 ounces mushrooms cut in halves or thirds, depending on size
- 1/2 cup shredded Parmesan cheese
- 1 cup olive Garden or equivalent Italian dressing
- 1 1/2 pounds boneless skinless chicken breast trimmed and cut into bite-sized pieces
- 16 ounces fresh green beans trimmed
- 8 ounces mushrooms cut in halves or thirds, depending on size
- 1/2 cup shredded Parmesan cheese

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 230 milligrams
4. Fat: 23 grams
5. Fiber: 10 grams
6. Protein: 88 grams
7. SaturatedFat: 7 grams
8. Sodium: 1340 milligrams
9. Sugar: 9 grams

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