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Zuppa Toscana (Olive Garden Copycat)

Yield: 6 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/olive-garden-recipe-for-italian-wedding-soup

Ingredients:

- 1 pound italian sausage sweet, mild, or hot is fine, casings removed if in links
- 1 pound baby red potatoes thinly sliced to about 1/4?, or larger potatoes, quartered, then sliced
- 1 yellow onion large, diced
- 6 cups chicken stock
- 1 cup milk half and half, whole, or cream can also be used
- 1 cup chopped kale roughly, spinach or other greens, like beet, can also be used
- kosher salt
- black pepper

Nutrition:

- 1. Calories: 440 calories
- 2. Carbohydrate: 28 grams
- 3. Cholesterol: 70 milligrams
- 4. Fat: 27 grams
- 5. Fiber: 2 grams
- 6. Protein: 22 grams
- 7. SaturatedFat: 9 grams
- 8. Sodium: 1060 milligrams
- 9. Sugar: 9 grams

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