## RecipesCh@\_se

## Olive Garden Chicken Gnocchi Soup

Yield: 4 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/olive-garden-italian-dumpling-soup-recipe

## **Ingredients:**

- 1 tablespoon oil Extra Virgin
- 4 tablespoons butter
- 4 tablespoons flour
- 3 cups half-and-half
- 1/2 cup celery finely diced
- 1 cup onion finely diced
- 2 garlic cloves minced
- 28 ounces chicken broth If you enjoy thick soup, use only one can
- 1 cup carrots finely shredded
- 2 cups chicken breasts cooked and diced
- 1 pound gnocchi package, cooked, you can find these in gourmet/pasta section of the grocery store
- 1 cup fresh spinach coarsely chopped
- 1/2 teaspoon salt
- 1/2 teaspoon thyme
- 1/2 teaspoon parsley
- 1/4 teaspoon nutmeg

## Nutrition:

- 1. Calories: 730 calories
- 2. Carbohydrate: 65 grams
- 3. Cholesterol: 145 milligrams
- 4. Fat: 41 grams
- 5. Fiber: 3 grams
- 6. Protein: 30 grams
- 7. SaturatedFat: 21 grams
- 8. Sodium: 1030 milligrams

9. Sugar: 3 grams

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