RecipesCh@-se

Power Lunch

Yield: 4 min Total Time: 85 min

Recipe from: https://www.recipeschoose.com/recipes/olga-s-swiss-almond-cheese-recipe

Ingredients:

- 16 snack crackers
- 2 cheese pre-packaged wedges of, we use one light and one regular Brie
- 1/2 ounce almonds
- 1/4 cup dried cherries
- 1/3 cup grapes

Nutrition:

Calories: 570 calories
Carbohydrate: 20 grams
Cholesterol: 120 milligrams

4. Fat: 41 grams5. Fiber: 1 grams6. Protein: 31 grams7. SaturatedFat: 24 grams

7. SaturatedFat: 24 grams8. Sodium: 930 milligrams

9. Sugar: 3 grams

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