

Russian Black Bread

Yield: 10 min
Total Time: 195 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-russian-bread-recipe>

Ingredients:

- 1 1/2 cups water
- 2 tablespoons cider vinegar
- 2 1/2 cups bread flour
- 1 cup rye flour
- 1 teaspoon salt
- 2 tablespoons margarine
- 2 tablespoons dark corn syrup
- 1 tablespoon brown sugar
- 3 tablespoons unsweetened cocoa powder
- 1 teaspoon coffee granules instant
- 1 tablespoon caraway seed
- 1/4 teaspoon fennel seed optional
- 2 teaspoons active dry yeast

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 38 grams
3. Fat: 3.5 grams
4. Fiber: 3 grams
5. Protein: 6 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 260 milligrams
8. Sugar: 2 grams

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