

Apple Butter

Yield: 3 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/taste-of-southern-apple-butter-recipe>

Ingredients:

- 4 pounds apples mixed good cooking, such as Fuji, Granny Smith, or Courtland, peeled, cored, and cut into large chunks
- 1 cup apple cider
- 2 cups white sugar
- 2 tablespoons lemon juice
- 1 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/8 teaspoon ground cloves
- 1/8 teaspoon ground allspice

Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 231 grams
3. Fiber: 13 grams
4. Sodium: 15 milligrams
5. Sugar: 205 grams

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