

Old Fashioned Banana Pudding From Scratch

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/old-recipe-from-southern-living-gingerbread>

Ingredients:

- 1/3 cup all purpose flour
- 1 dash salt
- 2 1/2 cups milk
- 14 ounces sweetened condensed milk
- 2 egg yolks
- 2 teaspoons vanilla extract
- 3 cups bananas sliced ripe
- 45 vanilla wafers
- 4 egg whites
- 1/4 cup sugar

Nutrition:

1. Calories: 960 calories
2. Carbohydrate: 160 grams
3. Cholesterol: 190 milligrams
4. Fat: 25 grams
5. Fiber: 5 grams
6. Protein: 26 grams
7. SaturatedFat: 10 grams
8. Sodium: 580 milligrams
9. Sugar: 115 grams

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