

Okroshka - Cold Summer Soup

Yield: 7 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/okroshka-russian-soup-authentic-recipe>

Ingredients:

- 3 medium potatoes
- 4 eggs
- 4 cucumbers medium
- 1 bunch radishes about 8
- 2 green onions
- 1 bunch fresh dill
- 1 mint sprig
- 2 teaspoons Dijon mustard
- 4 1/4 cups buttermilk
- 2 lemons + more for garnishing
- salt
- pepper
- micro greens optional
- seeds optional
- edible flowers optional

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 135 milligrams
4. Fat: 7 grams
5. Fiber: 6 grams
6. Protein: 14 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 290 milligrams
9. Sugar: 12 grams

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