

Cajun Crab Dip for Mardi Gras

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/oceanas-mardi-gras-pasta-recipe>

Ingredients:

- 8 ounces cream cheese softened
- 1 cup mayonnaise
- 2 tablespoons cajun spice mix your favorite
- 1 teaspoon old bay seasoning
- 1 pound lump crab meat
- 1/4 cup shredded cheese

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 115 milligrams
4. Fat: 28 grams
5. Protein: 18 grams
6. SaturatedFat: 10 grams
7. Sodium: 650 milligrams
8. Sugar: 4 grams

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