

# Baked Oatmeal Muffins

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/oatmeal-muffins-indian-recipe>

## Ingredients:

- 2 eggs
- 1 mashed banana
- 1/2 cup brown sugar
- 1 tablespoon vanilla extract
- 1/2 teaspoon salt
- 1/2 teaspoon nutmeg
- 1 teaspoon cinnamon
- 2 teaspoons baking powder
- 3 cups oatmeal
- 1 cup half and half
- 1 cup chocolate chips

## Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 97 grams
3. Cholesterol: 130 milligrams
4. Fat: 26 grams
5. Fiber: 10 grams
6. Protein: 15 grams
7. SaturatedFat: 14 grams
8. Sodium: 790 milligrams
9. Sugar: 46 grams

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