

Coconut Macaroons

Yield: 26 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/oatmeal-chocolate-coconut-macaroons-recipes>

Ingredients:

- 5 1/3 cups sweetened shredded coconut one 14-ounce bag, such as Baker's Angel Flake
- 7/8 cup sweetened condensed milk not evaporated milk; see note below on measurement
- 1 teaspoon vanilla extract
- 2 large eggs whites
- 1/4 teaspoon salt
- 4 ounces sweet chocolate semi-, best quality such as Ghirardelli, chopped, optional

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 20 milligrams
4. Fat: 14 grams
5. Fiber: 3 grams
6. Protein: 3 grams
7. SaturatedFat: 11 grams
8. Sodium: 50 milligrams
9. Sugar: 9 grams

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