

Magic Garlicky Tofu

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/nyt-memorial-day-crispy-tofu-recipe-with-maple-syrup>

Ingredients:

- 1 batch tofu baked
- 1/2 cup water
- 1/4 cup soy sauce
- 2 tablespoons maple syrup
- 1 tablespoon black pepper freshly-ground coarse*
- 2 teaspoons cornstarch
- 2 teaspoons ground ginger
- 4 tablespoons butter , or vegan butter or oil
- 1 red onion small, finely minced, about 2/3 cup
- 2 jalapeños fresh, or 2 Thai bird chiles, cored and finely minced
- 10 garlic cloves finely minced
- sliced green onions
- toasted sesame seeds

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 30 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 7 grams
8. Sodium: 990 milligrams
9. Sugar: 8 grams

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