

French Breakfast Muffins

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/nutmeg-feather-cake-recipes>

Ingredients:

- 1/3 cup butter melted
- 1/2 cup sugar
- 1 egg preferably room temperature
- 1 1/2 cups all-purpose flour
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1/4 teaspoon nutmeg
- 1/2 cup milk
- 1/2 cup sugar
- 1/2 cup butter melted
- 1 teaspoon cinnamon

Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 89 grams
3. Cholesterol: 160 milligrams
4. Fat: 41 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 25 grams
8. Sodium: 810 milligrams
9. Sugar: 52 grams

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