

Fresh and Easy Vietnamese Noodle Salad

Yield: 7 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-vermicelli-noodles-salad-recipe>

Ingredients:

- 12 ounces vermicelli noodles thin Asian, such as rice stick or mung bean
- 2 carrots shredded
- 2 cucumbers seeded and shredded
- 4 green onion chopped
- 1 1/2 cups bean sprouts fresh
- 1/3 cup chopped cilantro
- 1/2 cup fish sauce
- 1/2 cup seasoned rice vinegar
- 3 tablespoons sugar
- 2 cloves garlic pressed or minced
- 1/4 teaspoon crushed red pepper
- lime

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 40 milligrams
4. Fat: 2 grams
5. Fiber: 4 grams
6. Protein: 9 grams
7. Sodium: 1610 milligrams
8. Sugar: 10 grams

Thank you for visiting our website. Hope you enjoy Fresh and Easy Vietnamese Noodle Salad above. You can see more 20 vietnamese vermicelli noodles salad recipe Discover culinary perfection! to get more great cooking ideas.