

# Mixed Seed Bread (Keto)

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/norwegian-seed-bread-recipe>

## Ingredients:

- 2 7/16 cups almond flour
- 3 3/8 tablespoons chia seeds ground, milled
- 2 15/16 tablespoons flaxseed ground, milled
- 1 teaspoon baking soda bicarbonate of soda
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 3 eggs
- 1 tablespoon vinegar
- 7 1/2 tablespoons unsweetened almond milk
- 2 tablespoons seeds mixed

## Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 160 milligrams
4. Fat: 44 grams
5. Fiber: 12 grams
6. Protein: 21 grams
7. SaturatedFat: 7 grams
8. Sodium: 800 milligrams
9. Sugar: 3 grams

---

Thank you for visiting our website. Hope you enjoy Mixed Seed Bread (Keto) above. You can see more 16 norwegian seed bread recipe Get ready to indulge! to get more great cooking ideas.