

Colonial Brown Bread

Yield: 55 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/norwegian-brown-bread-recipe>

Ingredients:

- 4 cups buttermilk
- 4 cups whole wheat flour
- 1 1/3 cups all purpose flour
- 1 cup brown sugar packed
- 4 teaspoons baking soda
- 1 teaspoon salt

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 12 grams
3. Fat: 0.5 grams
4. Fiber: 1 grams
5. Protein: 2 grams
6. Sodium: 150 milligrams
7. Sugar: 3 grams

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