

# Easy Apple Pie

Yield: 6 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/norwegian-apple-pie-recipe>

## Ingredients:

- 2 frozen pie crusts 9-inch, thawed
- 1/4 cup all-purpose flour
- 3/4 cup sugar
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon salt
- 1 egg beaten
- 4 apples large, peeled, cored and sliced

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 35 milligrams
4. Fat: 1 grams
5. Fiber: 3 grams
6. Protein: 2 grams
7. Sodium: 110 milligrams
8. Sugar: 37 grams

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