

Crock Pot Pinto Beans

Yield: 8 min
Total Time: 430 min

Recipe from: <https://www.recipeschoose.com/recipes/thanksgiving-ham-recipe-crock-pot>

Ingredients:

- 1 pound pinto beans
- 6 cups bone broth chicken, or any stock - I recommend vegetable or chicken
- 1 cup water
- salt
- pepper
- broth
- ham
- 1/2 onion I used yellow, any type works
- 1/2 pound diced ham OR ham bone/ ham hock with or without meat scraps still on it
- 2 bay leaves

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 20 milligrams
4. Fat: 3 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 1 grams
8. Sodium: 940 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Crock Pot Pinto Beans above. You can see more 18+ thanksgiving ham recipe crock pot Experience flavor like never before! to get more great cooking ideas.