

# Nopalitos Con Papas

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/nopalitos-recipe-mexican-style>

## Ingredients:

- 2 tablespoons vegetable oil
- 3 potatoes peeled and cut into strips
- 16 ounces nopalitos sliced, drained and rinsed
- 1 onion diced
- 1 tomato small, diced
- 1 jalapeno pepper minced, optional
- salt to taste

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 33 grams
3. Fat: 7 grams
4. Fiber: 6 grams
5. Protein: 5 grams
6. Sodium: 230 milligrams
7. Sugar: 5 grams

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