

Vanilla Soft Serve Ice Cream

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/nonfat-greek-yogurt-ice-cream-recipe>

Ingredients:

- 1 1/2 cups bananas sliced, frozen
- 1 tablespoon non fat greek yogurt
- 1 teaspoon pure vanilla extract

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 27 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sodium: 5 milligrams
6. Sugar: 14 grams

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