

Sisig

Yield: 6 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-pigs-in-the-blanket-recipe>

Ingredients:

- 2 pounds pig ears
- 1/4 pound pork belly
- 1 cup onion minced
- 3 tablespoons soy sauce
- 1 teaspoon ground black pepper
- 1 knob ginger minced
- 3 tablespoons chili
- 1 piece lemon or 3 to 5 pieces calamansi
- 1/2 cup butter or margarine
- 1/4 pound chicken liver
- 34 ounces water
- 3 tablespoons mayonnaise
- 1 teaspoon salt

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 265 milligrams
4. Fat: 56 grams
5. Fiber: 1 grams
6. Protein: 47 grams
7. SaturatedFat: 23 grams
8. Sodium: 1140 milligrams
9. Sugar: 2 grams

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