

# Creamy Italian Dressing

Yield: 1 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/paleo-zesty-italian-dressing-recipe>

## Ingredients:

- 1/2 cup extra-virgin olive oil
- 1/3 cup sour cream
- 3 tablespoons mayonnaise
- 3 tablespoons freshly grated Parmesan
- 2 tablespoons red wine vinegar
- 2 tablespoons white wine vinegar
- 1 teaspoon Dijon mustard
- honey Squeeze of
- 3/4 teaspoon garlic salt
- 3/4 teaspoon dried parsley
- 3/4 teaspoon dried basil
- 1/4 teaspoon onion powder
- 1/8 teaspoon dried oregano
- 1 pinch red pepper flakes
- freshly ground black pepper to taste

## Nutrition:

1. Calories: 1440 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 70 milligram
4. Fat: 144 grams
5. Fiber: 1 grams
6. Protein: 10 grams
7. SaturatedFat: 30 grams
8. Sodium: 670 milligrams
9. Sugar: 19 grams

---

Thank you for visiting our website. Hope you enjoy Creamy Italian Dressing above. You can see more 15 paleo zesty italian dressing recipe Unleash your inner chef! to get more great cooking ideas.