

No-Knead Italian Bread

Yield: 10 min
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/00-flour-italian-bread-recipe>

Ingredients:

- 1 cup semolina flour * 163 grams
- 1 cup 00 flour * or substitute cake flour, 140 grams
- 1 cup all-purpose flour * 120 grams, plus more if you are braiding the bread
- 1 1/2 teaspoons kosher salt 6 grams
- 1/4 teaspoon instant yeast 1 gram
- 1 1/4 cups lukewarm water 300 ml
- semolina flour Extra, for dusting and coating

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 31 grams
3. Fiber: 1 grams
4. Protein: 5 grams
5. Sodium: 360 milligrams

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