

# No Carb Pizza Crust

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/no-carb-italian-meatball-recipe>

## Ingredients:

- 10 ounces canned chicken
- 1 ounce grated Parmesan cheese
- 1 large egg

## Nutrition:

1. Calories: 170 calories
2. Cholesterol: 105 milligrams
3. Fat: 9 grams
4. Protein: 20 grams
5. SaturatedFat: 3 grams
6. Sodium: 480 milligrams

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