

Easy Poached Eggs

Yield: 4 min
Total Time: 9 min

Recipe from: <https://www.recipeschoose.com/recipes/nigella-lawson-turkish-poached-eggs-recipe>

Ingredients:

- 1 eggs or more fresh

Nutrition:

1. Calories: 20 calories
2. Cholesterol: 55 milligrams
3. Fat: 1.5 grams
4. Protein: 2 grams
5. Sodium: 20 milligrams

Thank you for visiting our website. Hope you enjoy Easy Poached Eggs above. You can see more 17 nigella lawson turkish poached eggs recipe Experience flavor like never before! to get more great cooking ideas.