

Lasagne

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/nigella-lawson-christmas-lasagne-recipe>

Ingredients:

- 2 brown onions finely diced
- 2 sticks celery finely diced
- 4 cloves garlic minced
- 2 tablespoons extra-virgin olive oil
- 2 teaspoons dried Italian herbs
- 1 3/8 pounds beef mince premium
- 2 tablespoons tomato paste
- 1 cup red wine
- 4 1/4 cups beef stock
- 1 2/3 cups diced tomatoes
- salt
- black pepper
- 3 1/2 tablespoons unsalted butter
- 1/4 cup plain flour
- 2 9/16 cups milk
- 1 teaspoon ground nutmeg
- 1 cup pasta sauce simple
- 7/8 pound lasagne dried instant, sheets
- 2 1/4 cups mozzarella grated

Nutrition:

1. Calories: 1150 calories
2. Carbohydrate: 67 grams
3. Cholesterol: 245 milligrams
4. Fat: 63 grams
5. Fiber: 5 grams
6. Protein: 67 grams
7. SaturatedFat: 28 grams
8. Sodium: 1730 milligrams

9. Sugar: 25 grams
 10. TransFat: 1.5 grams
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