

Grill-Roasted New York Strip Roast

Yield: 10 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/new-york-strip-holiday-roast-recipe>

Ingredients:

- 1 roast New York strip, 4 1/2 to 5 lb.
- kosher salt
- freshly ground pepper
- 3 tablespoons olive oil
- 1 red onion large, cut into 6 wedges
- 2 sweet potatoes about 1 1/4 lb. total, peeled, halved lengthwise and cut crosswise into 2-inch pieces
- 1 pound red potatoes halved
- 2 rosemary sprigs fresh
- barbecue sauce for serving

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 15 grams
3. Fat: 4 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 120 milligrams
8. Sugar: 2 grams

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