

Easy Asian Dumpling Soup

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-chinese-dumpling-soup-recipe>

Ingredients:

- 6 cups vegetable broth
- 1 large carrot peeled and thinly sliced
- 1/4 head cabbage chopped
- 1 tablespoon soy sauce
- 1 teaspoon sesame oil
- Sriracha sauce to taste
- 16 ounces dumplings I used Trader Joe's Thai Vegetable Gyoza
- 2 green onions thinly sliced, green part only; reserve whites for another use

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 83 grams
3. Cholesterol: 70 milligrams
4. Fat: 3.5 grams
5. Fiber: 7 grams
6. Protein: 15 grams
7. Sodium: 2520 milligrams
8. Sugar: 8 grams

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