

Good Luck Soup

Yield: 5 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/new-years-good-luck-soup-recipe>

Ingredients:

- 1 cup black eyed peas soaked in water for at least 8 hours
- 1/2 teaspoon cooking oil
- 4 strips bacon diced
- 14 ounces hot Italian sausage about 5 to 6, cut into 1/2 in rounds
- 1 tablespoon chopped garlic
- 2 bay leaves small
- 1/4 teaspoon cumin seeds
- 1/4 teaspoon cayenne
- 1/8 teaspoon turmeric
- 1 bunch collard greens roughly chopped
- 1 1/2 teaspoons salt
- 1/2 teaspoon rosemary chopped
- 4 cups water
- 3 kokum
- 1 teaspoon lemon juice
- 1 lemon

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 75 milligrams
4. Fat: 35 grams
5. Fiber: 3 grams
6. Protein: 19 grams
7. SaturatedFat: 12 grams
8. Sodium: 1500 milligrams

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