

Beef Pot Roast

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/best-christmas-pot-roast-recipe>

Ingredients:

- 4 pounds pot roast chuck
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 4 potatoes medium, quartered
- 4 carrots cut into 2-inch pieces
- 2 onions medium, quartered
- 1/2 cup beef broth

Nutrition:

1. Calories: 870 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 200 milligrams
4. Fat: 54 grams
5. Fiber: 5 grams
6. Protein: 61 grams
7. SaturatedFat: 21 grams
8. Sodium: 680 milligrams
9. Sugar: 5 grams

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