

New Year's Day Meal

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/new-year-s-dinner-recipe-ideas>

Ingredients:

- 1 head cabbage
- 1 stick butter
- salt
- pepper
- water
- 1 pound peas bag of black eye
- salt
- pepper
- 2 slices hog jowl cut into pieces
- 6 cups hot water
- 1/4 cup white onions diced
- hog jowl slices, as many as you need to serve
- 1 cup self rising cornmeal
- 1/2 cup self rising flour
- 4 tablespoons oil flavorless
- 1 egg beaten
- 3/4 cup milk approximate amount

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 120 milligrams
4. Fat: 40 grams
5. Fiber: 15 grams
6. Protein: 17 grams
7. SaturatedFat: 17 grams
8. Sodium: 1330 milligrams
9. Sugar: 10 grams

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