

Easy Sauerkraut

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/sauerkraut-recipe-india>

Ingredients:

- 2 tablespoons duck fat or Rendered Bacon Fat
- 1 cup onion diced, Approx ½ onion, Spanish
- 1 pinch kosher salt
- 3 strips cooked bacon diced
- 1 pound sauerkraut from a bag, drained and rinsed
- sour cream optional to serve with

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 10 milligrams
4. Fat: 8 grams
5. Fiber: 4 grams
6. Protein: 2 grams
7. SaturatedFat: 3 grams
8. Sodium: 430 milligrams
9. Sugar: 4 grams

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