

Best Ever Pork Roast and Sauerkraut

Yield: 6 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/sauerkraut-relish-recipes>

Ingredients:

- 4 pounds pork roast boneless and at room temperature, this is important! - this should take about 20-30 minutes from being in the frid...
- 2 pounds sauerkraut I do not rinse mine
- 1 tablespoon caraway seeds *note - you can omit this if you hate caraway seeds but for me it makes the dish
- 1 cup yellow onion chopped
- 1/2 cup light brown sugar
- 1 teaspoon kosher salt
- 1 teaspoon black pepper
- 1/2 teaspoon smoked paprika
- 1 cup water *optional
- 2 tablespoons olive oil

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 190 milligrams
4. Fat: 17 grams
5. Fiber: 6 grams
6. Protein: 69 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1020 milligrams
9. Sugar: 22 grams

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