

# Smoky Chipotle Enchilada Sauce

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-red-chile-powder-enchilada-sauce-recipe>

## Ingredients:

- 15 ounces tomato sauce
- olive oil
- 1/2 cup yellow onion diced
- 2 garlic cloves minced
- 1 tablespoon cumin
- 1 tablespoon chipotle powder see note
- 1 tablespoon chile powder
- 1/4 teaspoon salt
- 1/4 teaspoon sugar

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 5 milligrams
4. Fat: 9 grams
5. Fiber: 5 grams
6. Protein: 3 grams
7. SaturatedFat: 2 grams
8. Sodium: 630 milligrams
9. Sugar: 11 grams

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