

Easy Chicken Posole Verde

Yield: 7 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-posole-verde-recipe>

Ingredients:

- 1 tablespoon olive oil
- 1 small yellow onion peeled and diced
- 1 poblano pepper large, cored and diced
- 3 cloves garlic minced
- 12 ounces diced green chiles Old El Paso
- 6 cups chicken stock
- 28 ounces white hominy drained and rinsed
- 3 cups chicken cooked shredded
- 2 teaspoons ground cumin
- 1 teaspoon salt or more/less to taste
- radishes optional
- lime wedges optional
- avocado optional
- chopped fresh cilantro optional
- cotija cheese optional

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 70 milligrams
4. Fat: 10 grams
5. Fiber: 6 grams
6. Protein: 28 grams
7. SaturatedFat: 2 grams
8. Sodium: 1160 milligrams
9. Sugar: 7 grams

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