

Zacatecan Baked Masa Cakes (Gorditas Zacatecanas)

Yield: 8 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/best-guacamole-recipe-new-mexico-red-chile>

Ingredients:

- 2 dried New Mexico chiles stemmed and seeded
- 3/4 teaspoon ground cumin
- 1 clove garlic
- 1 tablespoon canola oil
- 2 cups pinto beans cooked
- kosher salt
- freshly ground black pepper
- 2 cups masa harina
- 1 teaspoon kosher salt
- 1/2 cup vegetable shortening

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 24 grams
3. Fat: 16 grams
4. Fiber: 3 grams
5. Protein: 4 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 430 milligrams
8. TransFat: 1.5 grams

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