

# Chile Verde Sauce

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-chile-verde-sauce-recipe>

## Ingredients:

- 1 onion medium, diced, I like sweet onions
- 2 cloves garlic minced
- 7 ounces diced green chiles or two 4oz cans, don't drain
- 1/2 bunch cilantro
- 1 lime
- olive oil
- salt
- pepper

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 10 grams
3. Fat: 5 grams
4. Fiber: 3 grams
5. Protein: 1 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 400 milligrams
8. Sugar: 2 grams

---

Thank you for visiting our website. Hope you enjoy Chile Verde Sauce above. You can see more 20 new mexico chile verde sauce recipe Delight in these amazing recipes! to get more great cooking ideas.