

Roasted Green Chile Stew

Yield: 6 min
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-chile-stew-recipe>

Ingredients:

- 1 tablespoon olive oil
- 1 pound boneless pork shoulder cubed
- 4 cloves garlic chopped
- 1 onion large, chopped
- 1 teaspoon ground cumin
- 1 teaspoon Mexican oregano dried
- 2 pounds chiles roasted Anaheim or New Mexico
- 4 chile peppers serrano, diced
- 1 russet potatoes large, peeled and cubed
- plum tomatoes 3 roma, chopped
- 14 1/2 ounces vegetable broth
- salt to taste

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 85 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 33 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 1150 milligrams
9. Sugar: 3 grams

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