

Neuvo Mexico Roasted Green Chile

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-chile-burge-recipe>

Ingredients:

- 2 cups chiles
- 5 1/2 cloves garlic peeled and chopped
- 2 tomatoes ripe, seeded, chopped- I used Roma, plum tomatoes
- 3 cups chicken broth reserve 4-5 tablespoons
- 1 pinch sea salt to taste
- Fresh ground pepper, to taste Fresh, to taste
- 1 dash sherry vinegar or of balsamic
- 1 tablespoon agave syrup
- 2 tablespoons cornstarch or potato starch/arrowroot, if you are corn-free

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 10 milligrams
4. Fat: 6 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 1 grams
8. Sodium: 330 milligrams
9. Sugar: 2 grams

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