

# Blueberry Cornmeal Pancakes

Yield: 7 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-blueberry-cornmeal-pancakes-recipe>

## Ingredients:

- 1 3/4 cups all-purpose flour
- 1/2 cup cornmeal
- 2 1/2 teaspoons baking powder
- 1/4 teaspoon baking soda
- 3/4 teaspoon salt
- 3 tablespoons sugar
- 1/4 cup canola oil or vegetable oil
- 2 large eggs
- 1/2 cup buttermilk
- 1 cup milk low fat is okay
- 1 1/2 cups blueberries fresh or frozen
- oil for the griddle or skillet

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 65 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 2 grams
8. Sodium: 550 milligrams
9. Sugar: 12 grams

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