

# New Mexico Beef Chili

Yield: 6 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/chili-recipe-new-mexico-chilis>

## Ingredients:

- 4 poblano peppers
- 1 pound Hatch chili peppers fresh, frozen or canned, chopped
- 1/2 cup all purpose flour or gluten-free flour
- 2 pounds beef chuck cut into 1-inch cubes
- 3 tablespoons canola oil or neutral olive oil
- 1 yellow onion large, coarsely chopped
- 5 garlic cloves minced
- 2 jalapeño peppers seeds removed and chopped
- 1 1/2 teaspoons ground cumin
- 1 1/2 teaspoons ground coriander
- 1 1/2 teaspoons dried oregano
- 2 tablespoons tomato paste
- 1 cup beer
- 2 cups chicken stock
- chopped cilantro for garnish, optional

## Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 100 milligrams
4. Fat: 35 grams
5. Fiber: 3 grams
6. Protein: 34 grams
7. SaturatedFat: 11 grams
8. Sodium: 260 milligrams
9. Sugar: 7 grams

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