

Chicken Couscous with Toasted Pine Nuts

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/near-east-toasted-pine-nut-couscous-recipe>

Ingredients:

- 1 1/4 cups low sodium chicken broth
- 1 cup couscous uncooked
- 2 cups rotisserie chicken chopped
- 1/2 cup pine nuts toasted
- 4 ounces pimientos drained & chopped
- 1/2 cup feta cheese crumbled
- 1 cup frozen peas
- 1/2 tablespoon dried basil
- 1 tablespoon fresh lemon juice

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 180 milligrams
4. Fat: 20 grams
5. Fiber: 5 grams
6. Protein: 27 grams
7. SaturatedFat: 5 grams
8. Sodium: 330 milligrams
9. Sugar: 4 grams

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