

Native American Fry Bread

Yield: 40 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/native-indian-fried-bread-recipe>

Ingredients:

- 1 cup all purpose flour
- 1 1/2 teaspoons baking powder
- 1/4 teaspoon salt
- 1/2 cup milk
- vegetable oil or shortening for deep frying; enough to reach 1-inch depth

Nutrition:

1. Calories: 20 calories
2. Carbohydrate: 3 grams
3. Fat: 0.5 grams
4. Sodium: 35 milligrams

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